



AVBOB

Silver Queen 10km Runway Night Race

In commemoration of the first trans-Africa flight from London to Cape Town by two South African Pilots in the year 1920.



& 5km Fun Run/Walk

WEDNESDAY 08 OCTOBER 2025

Air Force Base Ysterplaat

Entrance gate down **William Mason Street, Rugby**

Gates open **15H30** and close for start of race at **18H10**

ENTRY FEES

Licenced	Unlicenced	Age
R110	R170	20 - 69
R60	R100	Juniors
Free	R60	70+
R50 - 5km fun run/walk		All

Note: Card payments will carry an additional cost of R5 per transaction.

ONLINE REGISTRATION

01 Aug – 30 Sept 2025

www.RaceTraq.co.za

WALK-IN REGISTRATION

05, 06 & 07 Oct 2025

AFB Ysterplaat Piet Grobler Street

LATE REGISTRATION

08 Oct 2025

Race Venue

EVENT ENQUIRIES

Anthony Morta

082 784 1953

ag.morta@yahoo.com

ONLINE ENTRY ENQUIRIES

Thomas Andrews

web-query@racetraq.co.za

or fill in enquiry form on website



10Km race start

18H15

5Km race start

18H40

Cut off time

20H15

Prize giving

20H15



WESTERN PROVINCE ATHLETICS



We're here for you

Since 1918





Silver Queen 10km Runway Night Race



WEDNESDAY 08 OCTOBER 2025

GENERAL INFORMATION

- Online Registration:** www.RaceTraq.co.za 01 Aug – 30 Sept 2025 (enquiries web-query@racetraq.co.za).
- Walk-In Registration:** AFB Ysterplaat Piet Grobler Street 05/10/25 from 10h00 – 14h00 ; 06/10/2025 and 07/10/25 from 16h00 – 19h00.
- Late Registration:** Race Venue 08/10/25 from 15h45 – 18h10.
- Number Collection:** AFB Ysterplaat: 05/10/25 from 10h00 – 14h00 and 06 & 07/10/25 from 16h00 – 19h00. At the event collection 08/10/25 from 15h45 till 18h10.
- Tog bag facilities will be available at runner's own risk.
- Refreshments will be available for purchase at the event.
- Medals to the first 1 300 – 10km finishers and medals to the first 600 – 5km finishers.

10km Rules:

- Entry cards must be in the athlete's possession during the race and handed in at the results board at the Finish.
- Race number may only be used by the athlete the Race Number was allocated to. Should an athlete use a Race Number allocated to another athlete the athlete WILL be disqualified and both athletes will be disciplined.
- In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter.
- Age category tags must be worn (front and back) and visible for the entire race to be eligible for any age category prize, including Juniors.
- Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
- Temporary license holders when registering must complete and hand in the tear off strip from the number in order to be eligible to compete. Temporary license runners must wear the race number on the front of their vest and the temporary license on the back.
- Juniors** (born 2006 or later) must display their category tags ("j") to qualify for age group prizes.
- Participants must be 14 years or older to enter the 10km race.
- 2025 Permanent ASA licenses number must be worn on front and back of their vest. Race Number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA license sponsor remains visible.
- Licensed athletes should wear club colours. Temporary licensed athletes must run in clothing without advertising.
- Time limit: 120 Minutes.
- 5 km Fun Run/Walk:** Participants younger than 10 years must be accompanied by an adult.
- Results will be posted on www.wpa.org.za.
- Participants must obey instructions from Marshals/Officials.
- No personal seconding will be permitted, except at official refreshment stations.
- The use of music players with headphones is not allowed and may result in disqualification.
- DISCLAIMER:** Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.
- Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
- PLEASE DO NOT LITTER.** Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the finish. Report offenders to the referee **#RunClean**
- Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.
- Prize giving at 20H15.



10km Prize Money						
Male & Female	Open	40-49	50-59	60-69	70+	Juniors
1st	R1 000	R500	R500	R500	R500	R500
2nd	R800	R400	R400	R400	R400	R400
3rd	R600	R300	R300	R300	R300	R300